

# ***KravMagaSelfDefence.Org***

*Monthly Newsletter - April 2018*

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## ***A Krav Maga well done!***

*To those who attended the 3 Day Krav Maga course running from the 27<sup>th</sup> March, We salute you!  
A very big and positive well done to you all and congratulations for seeing the course through.  
I'm looking forward to receiving your feedback and comment.*

## ***YOU NAILED IT!***

### **2 Day advanced knife course**

Friday 27<sup>th</sup> & Saturday 28<sup>th</sup> April

The principles of knife defence are always the same, block the attack, counter the attack and then either seek control to finish or flee the scene. When people think of knife attacks they generally imagine one specific type or style of attack. People, especially those new to self defence, do not immediately consider that in order to defend a knife attack you actually need to be able to perform one of several techniques. For instance, an attacker with a knife may attack you overhead downwards, as if with a hammer in their hand or upward, as if stabbing to your stomach. They may also choose to lunge straight at you or with a slashing motion going back and forth say with a stanley knife. Of course they may also choose to combine all of the above angles to form a fast, free flowing, dynamic style of knife attack.

***For more information and to book your places go to***

***<http://kmsd.co.uk/intensive.html#2daycourse>***

***More Knife course dates coming soon***

### **New dates for the 3 day course**

***Book early and save 25%***

14th June 2018 - Thurs, Fri, Sat

30th August 2018 - Thurs, Fri, Sat

1st November 2018 - Thurs, Fri, Sat

***For more information and to book your places go to***

***<http://kmsd.co.uk/intensive.html#3daycourse>***

# ***Fortnightly refresher sessions***

***12:00 till 14:00 Saturdays***

7<sup>th</sup> April

21<sup>st</sup> April

5<sup>th</sup> May

and every two weeks after

***For more information and to book your places go to***

***<http://kmsd.co.uk/refresher.html>***

## **Private Classes.**

One to one or for groups up to 4 people

£45 an hour for the 1st hour and then £35 thereafter.

## **Inductions to Krav Maga and Israeli self defence**

One to one or for groups up to 4 people

£35 for the hour.

***[http://kmsd.co.uk/private\\_classes.html](http://kmsd.co.uk/private_classes.html)***

## **For the latest club news and information**

Subscribe to our social networking accounts at

**[Facebook](#)**

**[YouTube](#)**

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## **In the news**

**[7 life-saving 'stranger danger' tips every parent should teach their child - and know themselves](#)**

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**[12 people stabbed EVERY DAY in UK as knife crime rockets all over country](#)**

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Overall, crime rose by nine per cent in the last year, with more than a million violent and sexual offences committed. Manchester came out top for people caught carrying weapons, including firearms and knives.

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